Farmers Market Price Report (Tahlequah)

July



2023

Market Comments: Tomatoes and squash were abundant as to be expected in July. Most vendors are selling by the basket instead of by weight or volume but are willing to mix and match size, quantity and variety when available. Baskets range from 1/2 pound to 2 pounds depending on vegetable/fruit.

Classification	Variety	Production Practice	Unit of Sale	Lowest Price	Highest Price
VEGETABLES					
Asian Gherkin			basket	5.00	
Cucumbers			basket	5.00	
Squash	Yellow		basket	5.00	
Squash	Zucchini		basket	5.00	
Okra			basket	5.00	
Tomatoes	Cherry		basket	5.00	
Tomatoes	Slicing, Red		Each	1.00	
Tomatoes	Slicing, Red		basket	5.00	
Peppers	Bell, Green		basket	5.00	
Peppers	Jalapeno		basket	5.00	
Peppers	Sweet		basket	5.00	
Peppers	Shishito		basket	5.00	
Onions	White		basket	5.00	
Onions	Yellow		basket	5.00	
Onions	Red		basket	5.00	
Carrot			basket	5.00	
Eggplant	Thai		basket	5.00	
Eggplant	Purple		basket	5.00	
Potatoes	Red, New		basket	5.00	
Potatoes	Red, New		each	1.00	
Potatoes	White, New		basket	5.00	
Green Beans			basket	5.00	

Classification	Variety	Production Practice	Unit of Sale	Lowest Price	Highest Pric
LEAFY VEGETABLES/GREENS					
Greens, Traditional	Kale		Bunch	5.00	
EGGS					
Chicken			dozen	4.00	5.00
Duck			half dozen	6.00	
MEAT					
Beef	Brisket		pound	7.50	
Beef	Chuck/Shldr/Arm Roast		pound	7.00	
Beef	Ribeye Steak		pound	17.00	
Beef	Filet Mignon		pound	22.00	
Beef	New York Strip Steak		pound	15.00	
Beef	Sirloin Roast		pound	7.50	
Beef	Sirloin Steak		pound	9.50	
Beef	Round Roast		pound	7.50	
Beef	Tri tip Roast		pound	8.50	
Beef	Stew Meat		pound	8.50	
Beef	Ground		pound	7.50	
Beef	Skirt Steak		pound	7.00	
Beef	Short Ribs		pound	5.50	
Beef	Flank Steak		pound	10.00	
Beef	Liver		pound	4.50	
Beef	Tongue		pound	4.50	
Beef	Kidney		pound	4.50	
Beef	Heart		pound	4.50	
Beef	Soup Bones		pound	3.00	
Lamb	Ground		pound	11.00	
Lamb	Stew Meat		pound	10.00	
			Pound		

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https://www.ams.usda.gov/market-news/local-regional-food

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